



TAIPEI HASH HOUSE HARRIERS 2007'S COMMITTEE MEMBERS

| | | | |
|----------------------|---------------|-----------------|-------------|
| GRAND MASTER (-會長-) | LIFE U.K. | 陳澤淵 | 0915-586205 |
| JOINT MASTER (-副會長-) | FIRE WOOD | 王木火 | 0935-587986 |
| | MOSQUITO | 陳仁浩 | 0936-940358 |
| | BUSH BABY | DUNCAN ROBINSON | 0910-511701 |
| HASH CONTROL (-監察-) | YOU CHING | 蔡品端 | 0921-906177 |
| ON-SECRETARY (-祕書-) | CICADA | 劉漢建 | 0928-282806 |
| HASH CASH (-財務-) | TOOL | 涂平亞 | 0966-936816 |
| | BLACK DONUT | 劉進鏞 | 0910-021686 |
| | MILE STONE | 方惠賢 | 0933-227568 |
| | NAILS | 吳啟明 | 02-22868479 |
| | BARBER SHOP | 張漢義 | 0928-229459 |
| TRAIL MASTER (-路線-) | GUN SHIT | 簡志成 | 0928-257556 |
| | WHY | 洪長力 | 0922-609308 |
| BOOZE MASTER (-總務-) | BOLT | 洪同燦 | 0928-243878 |
| | ROBOT MACHINE | 邱創健 | 0936-483838 |
| | BOOTS | 郭承權 | 0931-914072 |
| HABERDASH (-服飾總務-) | PRINTER | 陳俊呈 | 0910-015557 |
| | APPETIZER | 郭詩錠 | 0933-162527 |
| HASH BASH (-聚餐-) | TINKER | 郭金德 | 0922-657297 |
| | SPEED MOTOR | 杜世輝 | 0932-059949 |
| INFORMATION (-資訊-) | S. M. SHIT | 林克峰 | 0932-026902 |
| HASH WEB SITE (-網站-) | CUNT PACK | 陳俊翰 | 0925-268060 |
| | | 林榮華 | 0935-523150 |

| .待宰的兔子/HARE LIST | | 地點 / RUN SITE | 報導/SCRIBE |
|------------------|---|---|-----------------------------------|
| 次數/NO | 日期/DATE | | 中文/ENGLISH |
| 1816 家庭路跑 | OCT.13,2007 Slot Machine(陳德育) 0920-950690 | 宜蘭(國道5號南下宜蘭交流道開始有麵粉) Ilan,Ilan county(Please take NO.5 Highway south and then get off Ilan exit will get flour) Family run! 因今天為家庭路跑請各位兔友各自帶一道拿手好菜共襄勝舉謝謝! | School Scker 王立君 0910-03258 |
| 1817 | OCT.20,2007 Key Way(林世昌) 0920-066-867 | 外雙溪(至善路故宮博物院開始有麵粉) Wai-Shuangshi,Taipei county(Please Take Chinshan RD. to Wai-shangshi. The flour at National Palace Meseum) | Yakuza 江天寶 0953-153438 |
| 1818 | OCT.27,2007 Wild Man(李廷祿) 0910-303164 | 三峽() Sanxia,Taipei county() | Ink Pink 陳俊彥 0912-000412 |

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| 台北捷運兔 Metro HASH | 日期:10月10日2007(星期三)19:45兔子落跑 地點:捷運 中和線 景安站出口1 兔子: Titanic (張志雄) | DATE: OCT.10.2007 (WED.)19:45 HARE RUN SITE: MRT Zonghe Line Jingan Sation Exit 1 HARE: Titanic (張志雄) |
| 尋人啟事 2008會長 | 甄求肯為捷兔拋媚眼灑熱情之男兒參與此項不可能的任務~~~~參加條件如右: | G.M. 會長:總跑次超過100次,今年跑次達30次者 J.M. 副會長:總跑次超過50次,今年跑次達20次者 |

1. 捷兔點滴 2007/9/29 第1814 Run HARE:Brick Shit house(康火生)地點:土城 本次路跑當天共60張選票5384分(平均88.60分)
人數:176 天氣:晴天 ●中文報導:Mosquito(陳仁浩) ●1813 Run-English Scribe:Guru(Narayan)

捷兔會中人才濟濟兼人數眾多,想要每個人都認識不容易,但是有幾位兔友憑藉著天賦異柄可以讓大家都認識,跑得快的、酒量好的或路做得漂亮或特別長的,都可以讓大家印象深刻。話說今年四月Chicken George在大屯山做的那條路也是經典之一,跑完全程的不過二十餘人,很多人超過三個小時才回來,七點多幹部還在等人,眾人幹聲連連。說到路長就不能不提到今天的兔子康老師和Old Machine,後者是偶有佳作而且近來有改邪歸正的傾向,至於康老師就樂此不疲了,提到土城觀自在就會想到他,而且路一定很長,記得幾年前的一條經典,跑經土城、中和、板橋和新店等地,康老師的功力可見一般。



今天兔友來得零零落落,一部分受到中秋節補上班的影響,也許另外僞於康老師的威名不敢來不得而知。隨著秋天腳步接近天氣逐漸涼爽,可是今天豔陽高照有秋老虎發威的味道,兔子很有誠意的交待大家要帶水,路有分長短,跑步約2小時,如果沒把握也可以順便帶錢坐計程車或悠遊卡以策安全。三點大家由觀自在向下左轉經過山中湖土雞城旁步道,向上到文筆山,中間放兩個check in讓大家意思意思,下山後沿著某社區後山坡地駁坎上跑,約四十分鐘見到LS,兩者約差30分左右,之後就在墓園和果樹間前進,途中經過聖安宮廟祝熱心的提供冰水供大家享用,感恩阿。最後跑接近兩小時時,兔子怕大家不夠操,貼心的接上一段超過45度的斜坡,眾人一看無不丟盔卸甲屁滾尿流,咬牙硬撐回來已經超過兩小時10分了,很多人坐在地上休息很久才爬得起來。Down Down就在停車場舉行,最後回來的已經超過六點了。聽說有幾位兔友在BASH後感覺不夠爽,到萬華去找『站壁的』,酒喝多了還在龍山寺旁再Down一次,為台北捷兔作了一次宣傳,會長下星期要好好表揚這幾位了。On!On!In(劉智吉)提議另尋出路,在圍牆邊找到一缺口繞過堵車處,接回正路,進入墓園出公路上行再進入小徑經過豬舍又回到墓園先前出口,這次沿公路往下到五股民權路往林口叉路口,翻越山稜回到先前的稜線兔子Why(洪長力)的老家就在下方,下陡坡經古厝旁回到集合處,感謝兔子;下周見。





A Marathon Mountain run, if you please!

The hashers assembled in the vast parking area below the huge Pagoda and monastery in Tu'Cheng, that is very familiar to Taipei Hash for several decades. We have had so many runs from this spot, and invariable all those runs have been long and hard, and mostly wet. Luckily, no rain this time, but it was cloudy, warm and humid. The hares were 'Brickshit House' and 'Hayase'.



After the usual warm-up exercises, we followed flour to the flight of wide steps going up the popular hiking trail. For the next thirty minutes, we ran along the very familiar beaten paths and tracks up and down. Then on to another mountain and we climbed up to the top. After a short run on the top ridge, we ran down on the far side to the valley below, where there were camps, tea-houses etc. If we were led to the starting point from this area directly, the run would have been of enough length and duration. Instead of that, the marks guided us, up another mountain, again all the way up to the top, though winding along the sides making it possible to jog along. After a brief run along the top, we had to go down again along a series

of steps to get back to the amber fluid, thirsty and tired. Those who chose to do the L (long) run, had to take another loop before negotiating the last hill, and ran in from a different direction. For most, the short run took more than two hours and the long one, over two and a half hours. Generally speaking, the trails were OK, and markings good, but then we don't need such long runs.

I may be writing only one more newsletter that will cover the run on 6th October, as I am leaving on the 11th for Kerala, in South India for the next five or six months! I hope that someone would volunteer to do the English write-up, when I am gone. I would surely miss Taipei Hash. God bless you all. ON ! ON ! --Guru --



表現捷免粗曠豪邁之氣，只准18歲以上男人參加
ONLY MEN OVER AGE 18 ARE ALLOWED TO RUN TAIPEI HASH

