台北捷兔週報 NEWS LETTER 2008/8/2 第1858/次跑

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TAIDELLIACILLIA	HEE HADDIEDE	2000'C COMMITTI	
TAIPEL HASH HO	USE HARRIERS	2008 S COMMITTE	E MEMBERS
GRAND MASTER (-會長-)	Dragon	龍天池	0928-243-807
JOINT MASTER(-副會長-)	Penthouse	劉明仁	0933-061-491
	S.M.Shit	林克峰	0932-026-902
	Bush Baby	DUNCAN ROBINSON	0910-511-701
HASH CONTROL (-監察-)	Life U.K.	陳澤淵	0915-586-205
ON-SECRETARY (-祕書-)	School Sucker	王立君	0910-032-658
HASH CASH (-財務-)	Windex	蘇文德	0933-206-085
	Little Younker	江明勇	0928-836-428
	Play Boy	饒盟乾	0937-088-052
	Printer	陳俊呈	0910-015-557
	Super Man	周士超	0926-562-187
TRAIL MASTER (-路線-)	Rubber King	張安囿	0937-183-607
	Key Way	林世昌	0920-066-867
	Pin Hole	林文琛	0932-058-210
BOOZE MASTER (-總務-)	Bolt	洪同燦	0928-243-878
	Adarli	李景隆	0926-825-065
	Barber Shop	張漢義	0928-229-459
	Counter Feiter	楊家貴	0936-218-855
	Five Hundred Miles	鄭信農	0932-389-836
	Shiner	徐光派	0928-098-912
HASH BASH (-聚餐-)	Appetizer	郭詩錠	0933-162-527
	Sea Turtle	古晏昇	0937-067-745
INFORMATION (-資訊-)	Softy	徐壹豊	0920-946-035
WEB MASTER(-網站-)	Cunt Pack	林榮華	0935-523-150

待宰	的兔子/HARE LIST	IL WIL / DHAL CLTD	報導/SCRIBE
次數/NO	日期/DATE	地點 / RUN SITE	中文/ENGLISH
1860	(Aug.16)8月 16日 蔡品端(You Ching) 0921906177	木柵((1)木柵路與軍功路交接口;(2)基隆路與和平東路交接口,皆有麵粉.Muzha (1)Muzha Rd & Guen-kon Rd(2)Kelung Rd &Hwo-Pin east RDwill get flour	Strong 王世昌 0928-844-122
1861	(Aug.23)8月 23日 丁炎山(Volcano) 0932025335	萬里 溪底(國道3號萬里交流道開始有麵粉)Wan-Li Shi-De(No 3 Freeway Wan-Li exit will get flour)	Sogo 林世顧 0928-853-082
1862	(Aug.30)8月 30日 蕭桃彰(Fire Bird) 0937-888-531	大溪 (化妝跑步)女孩子可免費參加歡迎友會一同共襄盛舉. (國道3號大溪交流道開始有麵粉,往大溪老街,武嶺橋橋頭左轉,月眉停車場)Da-She(Dress-up Run)(Free way No3 Da-She exit will get flour,direction to Da-She old street,tuen left in Wu-Lin Bridge,"Yuemei Parking Lot")	Formosa 林恭任 0939-787-958

1. 捷兔點滴 2008/8/2 第1858 Run HARE:郭金德(Tinker) 地點:林□國立台灣體育大學 人數: 209, 天氣:晴天 ●中文報導:Playboy 饒盟乾 ●English Reporter:

1. 高雄 HASH 35週年慶祝

高雄 HASH 9/19(#2093) 夜間路跑 (NT300) .9/20 (#2094) (NT700).9/21 (#2095) (NT700) groups, yahoo, com/group/kaohsiunghash

台北捷運免 Metro HASH 212次 RUN 日期:8月13日2008 (星期三)19:45兔子落跑 地點:捷運 板南線 土城 站 出口 2 兔子: Hash Shit(陳俊彥) DATE: Aug.13.2008 (WED.)19:45 HARE RUN SITE: MRT Bannan Line Tucheng Station Exit 2 HARE: Hash Shit(陳俊彥)

HARES 郭金德 (Tinker)

生,真是不簡單的團體。主要的原因不勝枚舉:有喜歡身體健康的、解放身心鬱卒的、享受活動的、放鬆壓力的、想使性能力增強的、逃避家庭責任的……。這個爛爛的組織其實有很多會員,默默的在付出,爲了會務,不惜犧牲時間、金錢、腦力、無怨無悔的貢獻,甚至有人賣公司(Bamboo)爲了要服務台北捷兔的兔友們。這些人該值得大家歌功頌德一番。 今天的(Hare)郭金德(Tinker)就是。說起這隻老兔崽子,可說是家喻戶曉的大好人,多年來不斷的關心會務,關心照顧小兔子,他的特異功能就是性能力超強,能玩3P、4P……。水果日報曾報導過,不信請各位兔友自行查證。 謝謝!副兔子(Appetizer)員外型人才。爲台北捷兔,熱心會務,不遺餘力。今日跑步地點:林口國立台灣體育大學(國道1號南下林口交流道下,左轉往長庚醫院方向開始有麵粉)。5分鐘後,停車在體育

台北捷兔1858跑次。約35.7年,相信會裡有很多小兔子,都還沒出

館旁的停車場。1點過後,陸續進場,水車到達後就形成人潮沸騰的臨時市集。打屁、寒喧之聲不絕於耳,很久未出現參加跑步的(蠻牛)New Paradise 及Old Machine也出現了,真是高興。真希望Old Machine能秉持幾年前的全勤精神,繼續傳爲佳話。2點,【先遣部隊】人數約40人左右,分組陸續出發。2點45分,兔子起跑,做操後3點Walking出發,往東南方向跑出林口體育大學,經過藍天綠地的高爾夫球場及竹林,沿



山背往下到迴龍山邊的社區,太熱了,又無綠蔭可遮掩,兔友們苦不勘言,不熟言不過是下坡,跑起來也算快樂。16分鐘29秒後經社區往上,在16分鐘29秒後經社區往上,正學於在一民房前出現,若以與一個人類,在山腳下出現約至20公尺。15-20公尺或一個人類。15-20公尺或一個人類,在15-20公司,可以由15-20公司,由15-20



峭壁,全長約300公尺,形成峽谷,School Sucker取名爲【金德峽谷】,鑾石裸露兩側,應是新進雨水沖刷而成,極是壯觀。也非常危險,兔子擠成一團(堵車),10分鐘後,拉繩往上,出現非常陡的上坡,用三角涵數當場運算,角度77度,高度197公尺,地質鬆軟,不小心就會踩到石頭而往下掉,麥克阿瑟、Mosqui to·····等都受傷了,希望不會太嚴重,並祝早日康復。上了陡坡後沿途平緩,一路跑回體育大學停車場。全程約57分鐘。兔友們嘆之聲,時有耳聞,誇耀Hare對路線的用心。5點10分,開始Down Down,跑次、鞋子喝啤酒、坐冰塊、受傷的。最值得一提的是坐賓士椅子的Merc,200%配合度,被放到冰塊桶裡,把氣氛提升到最High,真是受人尊敬。他最棒的絕活是脫褲子,好久都沒表現了,找個時間、地點、氣候、氣氛都對的時候吧! Cat Manu,手拿一瓶啤酒,坐在龍椅上,正在回憶以前所接觸青春的肉體,越想越快樂。S.M. Shit也手提一瓶啤酒,走過去遇到Cat Man。S.M. Shit說【嗨,Cat Manu你好!】。Cat Manu說【嗨,S.M. Shit你好!】。S.M. Shit說【Cat Man,最近很少看你出去玩,是不是你老婆限定你必須晚上十點以前回家嗎?】。Cat Manu很生氣的站起來說【S.M. Shit你先把酒喝光】。S.M. Shit喝光了酒,Cat Manu說【我又不是U.K!………】。Bash在復興二路海鮮餐廳,席開三桌。體恤Bash組的辛苦,請大家多參加Bash,不然年底要買房子,可就難了。ON ON。

HASHERS EXERCISE AT THE EXERCISE UNIVERSITY IN LINKOU.

Last Saturday's outing for Taipei Hash was at the Taiwan

National Exercise University Campus in Quisan, Liokou. The
campus building in the shape of a huge dome, is in a beautiful
location, close to the Chang Gung golf club. The Tennis,

Basketball and other facilities close by are very impressive
indeed. The area was crowded with hundreds of cars and tourist
buses on that weekend proving the popularity of the place.

The surrounding mountain peaks were smoke blue. The hares

'Tinker' and 'Vegetable' took off at about 2.45pm and the rest
of us followed the flour marks by 3pm, after the usual warm-

up exercise. We walked along the side of the University building and got to the Tennis court and the Basket ball courts. We then ran out of the campus to the main road. At the next intersection, marks guided us up a nice Macadam/Cement road. This road had tall trees on both sides, close to one another that covered the road like a canopy on the top, offering perfect shade from the hot sun, all the way up. On the right side of the road was the golf course where the players and the caddies - all women-, some in golf carts, were itself an attraction. We found a check near the golf club building. A narrow track leading away from the course led us on a long run down the valley through a dry stream-bed, and finally we emerged to a busy main road and a check. It took us some time to solve this check as there were too many possible ways the hares could have taken. We turned on to a street on the left and went up some steps, and climbed a hillock. Later we emerged to a dry river bed with sand and round white rocks. We trampled along it for about ten minutes that led us to a creek and finally to a ravine. We plunged along, getting dirty and wet and then had to climb up between Scylla and Charybdis (two ridges) where there wasn't enough gap for a fat person to squeeze through and climb at the same time! It was an experience. We still had to creep up until we got out on to a hill. We continued climbing up along a dry gully. Then we passed through thorny thickets and prickly plants to the top of the hill and then down through more bush until we got out on to a road. We were back in town, among highrise buildings and tarmac roads. A short run brought us back to the campus long a beautiful lake and scenic parks. It was an excellent run, well marked, and not too long, though adventurous! By the time, the down-downs were conducted, it was cooler and windy. I was told that the bash was good and well I had to excuse myself and leave early in order to go with 'Whorehouse' and watch the brilliant fireworks (pyrotechnics) at the famous Dadaocheng Wharf. It was a wonderful experience for me and it was the first time for me in 35 years in Taipei.On On GURU















